

Aum Amriteshwaryai Namah

Welcome to the monthly newsletter of Amma's Madison [Satsang](#)

Dedicated to Sri Mata Amritanandamayi Devi, also called "Ammachi", "Amma", "Holy Mother" and "Amma". Her mission in life is to awaken the Infinite Divine Power within everyone and lead humanity along the right path of [selfless service](#) and love for others.

*Love and beauty exist within you.
Try to express these qualities
through your actions,
and you will definitely touch
the very source of bliss.*

-Amma-

Amma sends relief to Haiti

(16 Jan '10)

15 January 2010

In response to the deepening crisis in earthquake-ravaged Haiti, Amma announced a plan to provide relief there. In the United States, volunteers based at M.A. Center are already rushing to assemble boxes of clothing and medical goods—surgical supplies, first aid kits, and ambulatory aids like canes and walkers—for immediate shipment to Haiti.

Simultaneously, Amma has directed Br. Dayamrita Chaitanya to travel to Haiti with a small team of medical advisors to assess conditions on the ground. Br. Dayamrita's team will explore avenues to make a meaningful long-term contribution to the recovery effort.



In Amritapuri, Amma led several thousand people in a prayer for the peace of the departed souls, for those who have suffered injuries and devastating material losses, and for the mental strength and peace of mind of those who have lost their loved ones.

[Google Map of Haiti](#)

Please send to your members this Donation link and Update link.

<https://www.amma.org/donationsapp/donationInit.do>

MA Center in Washington DC inaugurated

(8 Jan '10)

December 29th, 2009 was an auspicious day in the suburbs of Potomac, Maryland as the doors to the new Ashram opened. The 12,000 square foot house sits on 7.5 scenic and peaceful acres with sprawling green lawns and grand old trees.

Ceremonies began at daybreak with a homa led by Bri. Rema Devi, followed by archana, satsang, bhajans lead by Br. Dayamrita Chaitanya. Ashramites from MA Center of California along with hundreds of devotees were present. There was a powerful feeling of excitement, devotion and gratitude to Amma for this Ashram.

Amma first came to the Washington DC area in 1987, when only a very small number of people in the area knew about her. Like bees to honey, the number of her devotees has grown exponentially. Many of the devotees who first met Amma during her 1987 visit felt emotional and blissful seeing this physical manifestation of Amma's blessings.

Satsang members from near and far celebrated this event with joy and reverence knowing how an Ashram will make a real difference in their lives— a place to gather and pray with unity and love and to serve the world.

-Das



Amma's Astrologer Prasannan to Visit Madison

DATES FOR PASANNAN'S VISIT:

Wednesday, March 17, 2010, appointments available between 1:30 pm - 9:00 pm

Thursday, March 18, 2010 appointments available between 10:00 am - 9:00 pm

****Advance reservations are required.****

For appointment/information, contact:

Madhu Thandaserry

phone: 608.848.5033 (Please leave voice mail)

email: madhuandsajan@hotmail.com

Appointment Location :

Madhu and Sajan's residence at

2 Willowbrook Ct. Madison, WI 53719-6200 (608 848-5033)

Amma's Madison Satsang will offer
IAM Training

IAM - Integrated Amrita Meditation Technique

will be offered in Madison:

Saturday, May 1, 2010

8:30 a.m. - 5:30 p.m.

at the Friends Meeting House , 1704 Roberts Court.

For more information call or e-mail Sharad at:

(608) 257-6229

iam.daval@yahoo.com

For registration information logon to:

www.ammamadison.org/iam.html

The IAM - Integrated Amrita Meditation Technique® is a powerful way to reconnect with our real center, our inner Self, and thereby experience true joy and peace in life. Born out of Amma's deep resolve for our spiritual enhancement, this technique, when practiced with dedication, is designed to bring about integration in our lives - an integration of body, mind, intellect and heart. For details please see <http://www.amma.org/events/iam.html>.

Upcoming Local Amma Events

*(All events are at Madhu and Sajan's home unless otherwise specified.
Directions are at the end of this calendar.)*

February 7, 10 am (Sunday) - Bhajan practice

February 9, 5 pm (Tuesday) - service at Community Meals Program (lasagnas needed).

February 21, 1 pm (Sunday) - Chanting of Lalitha Sahasranama (1000 Names of the Goddess). You are welcome to join this practice whether or not you stay for the meeting that follows. You are also welcome to attend even if you are not familiar with the practice. It provides a wonderful atmosphere in which to meditate. We have a few spare chanting books in various languages (English, Telugu, Tamil, Hindi and Kannada) if you want to join.

"This worship will bring prosperity to the home and peace to the world. It will be an atonement for sins

committed. One will gain strength, longevity and good health. Every nerve in our body will be vitalized by the Thousand Names of Sri Lalitha. The atmosphere will be purified. Mother is making a resolve that the effects of undesirable planetary conjunctions, evil forces and other negative energies will be counteracted by this worship. —Amma

February 21, 2 pm (Sunday) - Monthly satsang meeting. Includes Amma's teachings, Amma's bhajans (devotional songs), arati (waving light before Amma's picture) and a vegetarian potluck. First timers are welcome to come and enjoy the meal without feeling obligated to bring anything.

Custom note: Our more traditional Hindu members prefer the offerings to be egg free.

For events in Milwaukee, contact AmmaMilwaukee@gmail.com

For events in Oakbrook, IL, contact bcnair3021@gmail.com

For events in Fairfield, Iowa, contact info@amma-fairfield.org

For events in downtown Chicago, contact rebeccaanderman@hotmail.com

Directions to Madhu and Sajan's home
2 Willowbrook Ct. (608 848-5033)
Verona Road to Hwy PD (McKee Road)
Right onto Hwy PD

Left at first light onto Nesbitt Road
Continue straight through the 4-way stop at Maple Grove Road, onto Cross Country Road
First right — a very short block — onto Ambleside
Corner of Willowbrook Court

Please park on Ambleside or in our hosts' driveway,
so as to avoid over-parking the Willowbrook cul de sac.

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Please share these announcements with anyone not on our list who might be interested.

In order to protect the nonprofit status of Amma's organizations,

Amma Satsang mailing lists are used solely for the humanitarian activities of Sri Mata Amritanandamayi.

To unsubscribe from this list, please reply with "unsubscribe" in the subject line.