

**Welcome to the monthly newsletter of Amma's Madison  
WI Satsang**

Dedicated to Sri Mata Amritanandamayi Devi,  
also called "Ammachi", "Amma", "Holy Mother" and  
"Amma".

Her mission in life is to awaken the Infinite Divine Power within  
everyone

and lead humanity along the right path of selfless service and  
love for others.

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*God Returns*

*All-knowing,  
all-powerful,  
all-pervading  
Consciousness  
assumes a form.  
And when its purpose  
is accomplished,  
like ice melting into water  
God returns  
to pure formless Being.*

*-Amma-*

# Amma's Madison Satsang will offer IAM Training

IAM - Integrated Amrita Meditation Technique

will be offered in Madison:

Saturday, October 8, 2011

8:00 a.m. - 5:30 p.m.

at the Friends Meeting House, 1704 Roberts Court.

For more information call or e-mail Sharad at:

(608) 257-6229

~~iam.dayal@yahoo.com~~

For registration information logon to:

~~www.ammamadison.org/iam.html~~

The IAM - Integrated Amrita Meditation Technique® is a powerful way to reconnect with our real center, our inner Self, and thereby experience true joy and peace in life. Born out of Amma's deep resolve for our spiritual enhancement, this technique, when practiced with dedication, is designed to bring about integration in our lives - an integration of body, mind, intellect and

heart.

For details please see <http://www.amma.org/events/iam.html>.

## When compassion takes birth, Sri Krishna is born Sri Krishna's Birthday Celebrations

21 August 2011, Amritapuri

At 4.50 am, on the Krishna Janmashtami day, the bhajan hall was echoing with the mantras of Lalita Sahasranama. The adjacent Kalari, filled with white smoke from the Homa Kunda. The celebrations of Lord Krishna's birth had begun in the charged atmosphere of Amritapuri ashram.

To celebrate Krishna Jayanti with Amma, devotees poured into Amritapuri from the different corners of India and abroad. Because it was Krishna Jayanti, there was a full day of activities planned: Amma came and gave Darshan to her children, till about 3.00 pm, then the Nagara Sankirtan procession started at 3.00, ending at about 4.00 pm, with hundreds of devotees, ashramites and dozens of young Krishnas and Radhas all dressed up to participate in the procession chanting with fervor the divine names of the Lord.

The open ground on the west side of the ashram was all set to

host the anticipated “Uriyadi” (the traditional cowherds’ game of breaking curd-pots, reminiscent of Krishna’s childhood pranks of stealing butter and curd stored in pots hung from the ceilings of houses). Just as Amma came out heavy rain began to fall, but Amma wouldn’t let that dampen the spirit of the gathering, and spontaneously shifted the venue to the bhajan hall, with the main stage serving as the venue of Uriyadi.

Amma sat on the stage was surrounded by countless little Krishnas with as many of as possible trying to occupying Amma’s lap.

In between Amma’s concerned voice could be heard asking everyone to dry their heads from the rain, so they wouldn’t catch cold! And of course there was laughter all around when an infant Krishna in Amma’s arms, suddenly remembered its mother and started crying loudly. As the kids finished the “first stage” Uriyadi, and the rain had stopped, and Amma asked everyone to go back to the open grounds which was now totally muddy. No one seemed to care as they stood in the mud, in puddles, on the available chairs and tables and some even in the trees; their eyes all riveted on Amma. The grounds had become Vrindavan, full of fun, excitement, and enthusiastic bhajans all lead by Amma.

After the Uriyadi, Amma, was back again for the regular evening bhajans which began with, “Hare Krishna shaure, vibho vishva murte, mukunda murare, yashoda ke pyare” in praise of child Krishna. But the final act was yet to come! At about 11.30 at night, for the fourth time in the day, Amma, returned to the stage where the Bala Gopala Puja and the reading of the Srimad Bhagavatam were taking place.

At midnight, exactly at the time of Krishna's birth, Amma delivered her message on the life and values of Krishna. Amma narrated the story of a Gopi named Neeraja's who exemplified Krishna's message, "When compassion takes birth in our heart, Sri Krishna is born within us."

Then as she does for every Krishna Jayanti, in a very blissful mood Amma sang several Krishna bhajans and finally asked all the devotees to stand up, put aside all their inhibitions and worries, and forget everything, and dance in bliss and ecstasy. Amma then lead the bhajan 'Hari Bol Hari Bol Hari Hari Bol,' while the whole hall erupted in dance.

Then Amma distributed payasam to all the devotees. One could hear Amma repeatedly asking for devotees who hadn't received the payasam to raise their hands. Only after making sure that every one of her children had received the payasam did she go back to her room. It was past 1.30am and another memorable moments were archived in the hearts of devotees.

- Tulasi

## Upcoming Local Amma Events

*(All events are at Madhu and Sajan's home unless otherwise specified.  
Directions are at the end of this calendar.)*

**September 18, 1 pm (Sunday)** - Chanting of Lalitha Sahasranama (1000 Names of the Goddess). You are welcome to join this practice whether or not you stay for the meeting that follows. You are also welcome to attend even if you are not familiar with the practice. It provides a wonderful atmosphere in which to meditate. We have a few spare chanting

books in various languages (English, Telugu, Tamil, Hindi and Kannada) if you want to join.

*"This worship will bring prosperity to the home and peace to the world. It will be an atonement for sins committed. One will gain strength, longevity and good health. Every nerve in our body will be vitalized by the Thousand Names of Sri Lalitha. The atmosphere will be purified. Mother is making a resolve that the effects of undesirable planetary conjunctions, evil forces and other negative energies will be counteracted by this worship." —Amma*

**September 18, 2 pm (Sunday)** - Monthly satsang meeting. Includes Amma's teachings, Amma's bhajans (devotional songs), arati (waving light before Amma's picture) and a vegetarian potluck. First timers are welcome to come and enjoy the meal without feeling obligated to bring anything.

**September 19, 6:00 pm (Monday)** - Meal Seva at Grace Church Homeless Shelter. \*\*Please let Sarah or Sharad know if you plan to attend\*\*

*Custom note: Our more traditional Hindu members prefer the offerings to be egg free.*

For events in Milwaukee, contact [AmmaMilwaukee@gmail.com](mailto:AmmaMilwaukee@gmail.com)

For events in Oakbrook , IL , contact [benair3021@gmail.com](mailto:benair3021@gmail.com)

For events in Fairfield , Iowa , contact [info@amma-fairfield.org](mailto:info@amma-fairfield.org)

For events in downtown Chicago , contact [rebeccaanderman@hotmail.com](mailto:rebeccaanderman@hotmail.com)

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Directions to Madhu and Sajan's home  
2 Willowbrook Ct. (608 848-5033)  
Verona Road to Hwy PD ( McKee Road )  
Right onto Hwy PD  
Left at first light onto Nesbitt Road  
Continue straight through the 4-way stop at Maple Grove Road , onto Cross Country Road  
First right — a very short block — onto Ambleside  
Corner of Willowbrook Court

Please park on Ambleside or in our hosts' driveway,  
so as to avoid over-parking the Willowbrook cul de sac.

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*Please share these announcements with anyone not on our list who might be interested.  
In order to protect the nonprofit status of Amma's organizations,  
Amma Satsang mailing lists are used solely for the humanitarian activities of  
Sri Mata Amritanandamayi.  
To unsubscribe from this list, please reply with "unsubscribe" in the subject line*